

PROSPECTUS



**WE TRANSFORM
A 'CHILD' INTO A 'LUMINARY'**



"Panoramic View of Velalar Vidyalaya Senior Secondary School"

**'AN EXTENSIVE, SELF-SUSTAINING
CAMPUS THAT NURTURES HOLISTIC
EDUCATION IN EACH CHILD'**



'THE BEST OF BOTH WORLDS'



**VELALAR VIDYALAYAA
SENIOR SECONDARY SCHOOL**

A victorious institution owned and managed by Velalar Educational Trust, Erode that offers child-centred education since 2010.



**NARAYANA
EDUCATIONAL INSTITUTIONS
INDIA**

One of Asia's largest educational conglomerates inspiring success across India's major cities and towns since 1979.

NOW @ ERODE

VELALAR'S STRENGTH

- Excellent Achievement in Grade 10 & 12 Board Examination in the past years
- Student-Teacher Ratio - 25:1
- Eco-friendly campus, incredible infrastructure and Co-curricular facilities
- Well-equipped Laboratories & Well Stacked Library
- Dedicated Management and Sincere faculty members working around the clock for students' well-being
- Separate luxurious boarding facilities for boys and girls, ensuring safety & hygiene

NARAYANA'S STRENGTH

- High Performance in NEET, JEE & several other competitive examinations
- Consistent performance in securing Top ranks in all the major examinations
- Micro level planning of time management for optimum performance and results
- Nationwide support network for continued success

GIFTING CHILDREN MULTIPLE OPPORTUNITIES AT THE SAME TIME...

Residential Campus of Velalar Vidyalayaa Senior Secondary School

LUMINARIES' RESIDENCY

COMFY ZONE AS ONE'S OWN HOME!!



KADHIR (HOSTEL FOR BOYS)



NILA (HOSTEL FOR GIRLS)

VISION:

Our Vision is to be a Centre of Excellence in provision of a congenial platform, to develop managerial and social skills of the students, enabling introspection of one's strengths and weaknesses.

MISSION:

We are committed to furnish clean, safe and secure accommodation, nurture character, instill moral values and impart manners, ensuring hygiene and sustainability.



Welcome to our "Luminaries' Residency - Comfy Zone as One's Own Home", where wholeness and balanced behavior are inculcated in young minds. It is an indispensable part of the school that offers separate boarding facilities for Boys (Kadhir) and Girls (Nila), cultivating positivity and responsibility in each individual. "We Give The World Succeeders".

Resident Head (The Principal), Resident Director, Wardens (Care ratio - 10:1), Faculty-in-Residence (Resident tutors), On call doctors, Counselors, Supervisors, 24 x 7 helpers, Housekeeping staffs, Cooks and many other highly trained staff members are the people behind the living needs of the children in their residential campus.



BOARDING LIFE @ VELALAR VIDYALAYAA ALSO AIMS IN THE ESTABLISHMENT OF

1. DEFINED DISCIPLINE



2. SELF-RELIANCE



3. TOGETHERNESS



EVERY EFFORT IS MADE THAT THE HOSTELLERS GET A HOMELY AMBIENCE!

ACCOMMODATION

Compact, Well-furnished, Air-conditioned rooms

- Bed, Bed Covers, Pillow, Pillow Covers, Locker Cupboard, Bucket, mug and Night dress provided by the school.
- 24 hours cold and hot water facilities in bathrooms.
- Mineral water dispensers available.
- 24 x 7 Power Backup.

NOTE: AC Usage - Only during the specified time, as per the residential guidelines.



THE KITCHEN

- Spacious, hygienic, modular kitchen with experienced cooks.
- Advanced automated kitchen equipments.
- Well-planned and equipped food servicing counters.
- Purified water for cooking and drinking purposes.

FOOD



- ❖ Nutritionally balanced and palatable food (vegetarian as well as non-vegetarian) is provided to satisfy all taste buds.
- ❖ The food menu includes a variety of dishes namely South Indian, North Indian and Continental diets.
- ❖ Non-vegetarian cuisine twice a week (Wednesdays and Sundays).
- ❖ Eggs thrice a week (Boiled/Omelet).
- ❖ Sprouts, Vegetable Salad, Fruit Salad once in a week each.
- ❖ Milk and Zeera water (Jeeraga Thaneer) twice a day.
- ❖ Spacious dining hall - designed & defined for fine dining.
- ❖ Tempting evening snacks.
- ❖ Respecting all religions and related beliefs, we have separate kitchens to cook vegetarian and non-vegetarian dishes.
- ❖ Inspection/food testing is done periodically, to ensure the quality and safeness of the food.
- ❖ Wardens and resident tutors accompany the children during their meal times, encouraging them to have a balanced diet and also teaching them table manners. By this way, food wastage is monitored and controlled.
- ❖ Same food is consumed by the students, faculties, staff members and visitors (including distinguished dignitaries), thus assuring quality.

NOTE: Parents are requested to specify dietary allergy/ additional dietary requirements of the child (if any) during the admission. We would be happy to cater accordingly.

LAUNDRY

- ◆ Full-fledged laundry facilities are available thrice a week, paving way for effective time utilization of the children.
- ◆ Collection and distribution of uniforms/clothes will be aided by the corresponding wardens.
- ◆ Delicate wash detergents of skin-friendly brands are used, thus securing the gentle skin of the luminaries.



HEALTH AND MEDICAL CARE



- ◆ Campus Doctor visits the residential campus twice a week and is available on call anytime (24 x 7) for medical advice and emergencies. Counseling facility for students is also available.
- ◆ The school has tie-up with the nearest renowned multi-specialty hospitals in Erode.
- ◆ Standby Ambulance available.
- ◆ Periodical health check-ups and counseling (if needed) facilities are available, to better understand the health status of an individual.

NOTE: Parents are requested to mention the medical status and medication with dosage specifications (if taken) during admission. Previous medical reports could also be provided. Medical history of the students will be documented and maintained with high level of confidentiality.



VISITORS' HALL

An elegant place where the parents could wait, relax for a while and happily interact with their children, boosting their energy levels.

SECURITY & OUTDOOR CCTV CAMERA

- ◆ Highly protected residential campus.
- ◆ Students' activities are technically monitored via cameras at critical points.
- ◆ 24 x 7 guaranteed security personnel.
- ◆ Strict maintenance of entry/exit records of non-residents/parents/visitors.
- ◆ Visitors' vehicles are restricted inside the school premises to ensure the safety of the children.



PHONE DAY



Respecting and considering the divine relationship between the parents and the children, students are allowed to speak to their parents over phone once in a week, for a specified time, under the supervision of the wardens and the resident tutors.

Day & Time
Girls - Fridays (8:00pm to 8:45pm)
Boys - Thursdays (8:00 pm to 8:45 pm)

ESCORT TRIPS



On escort trips, assigned wardens and resident tutors accompany students to distant locations, once in a while.

MOVIE DAY



Time for fun once in a week.

THE LIBRARY



Libraries have always been at the heart of the communities they serve.....

➤ Additional benefit for the hostellers is - access to the school

library during free hours (especially on Sundays) as the well-stocked library of Velalar Vidyalaya is a safe space that provides access to huge resources of information and knowledge, promoting wider reading, motivated readers and learners for life

CELEBRATIONS @ HOSTEL



Residential campus of Velalar Vidyalaya celebrates Annual hostel fest, Moon day and Auspicious Festivals with great enthusiasm and joy, paving way to cherish those moments in the rest of their lives!!!!!!!

WE ASSURE YOU THAT YOUR STAY WITH US WILL BE AN EXPERIENCE WORTH CHERISHING.....

"WAKE UP" TO "FALL ASLEEP" ROUTINES

5:30 - 6 am	-	Wake up, Freshen up and Prayer.
6 - 6:15 am	-	Morning Drink.
6:15 - 6:45 am	-	Warm up (Yoga/Exercises/Mild Jogging).
6:45 - 7:30 am	-	Morning Study.
7:30 - 8:00 am	-	Bath, followed by Getting Ready.
8:00 - 8:30 am	-	Breakfast.
8:30 - 9:00 am	-	Academic Preparation.
9:00 am - 4:00 pm	-	School.
4:00 - 4:30 pm	-	Snacks with Evening Drink.
4:30 - 5:15 pm	-	Play time*.
5:15 - 5:30 pm	-	Freshen Up.
5:30 - 7:30 pm	-	Supervised study (revision).
7:30 - 8:00 pm	-	Dinner.
8:00 - 8:15 pm	-	Relaxation.
8:15 - 9:30 pm	-	Supervised study (homework).
9:30 - 9:45 pm	-	Zeera water, followed by Sleep (Primary level).
8:15 - 10:30 pm	-	Extended study, followed by Zeera water and Sleep (Higher Secondary level).



*Play time has been allotted, as fitness is crucial and in order to balance the academic and sporting activities, students are engaged with distinct sporting adventures in the school.

Supervised study (revision & homework) helps students to recall their subjects and have a thorough knowledge of the same.

OUTDOOR ACTIVITY ZONE

THE REGULAR COACHING AND PRACTICE UNDER THE SUPERVISION OF PROFESSIONALS AT VELALAR VIDYALAYAA HELP THE CHILDREN TO MASTER THE GAMES.....

KABADDI:

Kabaddi is a contact team sport. It is popular in the Indian subcontinent and other surrounding Asian countries. Two major disciplines of kabaddi exist - "circle style", refers to traditional styles of the sport that are played on a circular field outdoors and "standard style", played on a rectangular court indoors. Kabaddi has been played at the Asian Games since 1990.



BENEFITS:

Increases Stamina & Speed; Stronger muscles; Endurance; Promotes running and dodging; Improves defensive skills; Psychological strength enhancer.

SILAMBAM:

Silambam is a weapon-based Indian traditional martial art originated from Tamil Nadu in south India but also practiced by the traditional community of Malaysia, Singapore, Sri Lanka and Indonesia. The word 'silambam' refers to the bamboo staff which is the main weapon used in this style.



BENEFITS:

A good cardio workout; Self defense; Increases memory power; Emotional & physical stability; Improves hand-muscle coordination; Prevents practitioners from taking up smoking/drinking; Aids in weight loss.

KHO-KHO:

Kho-kho is a popular tag, one of the oldest forms of outdoor sport and ancient sport from India. It is one of the two most popular traditional tag games in the Indian subcontinent, the other being Kabaddi. Apart from the Indian subcontinent, it is also played by the Indian community in South Africa.



BENEFITS:

It helps in better coordination and flexibility. It helps the children to off depression, anxiety, stress, and increase self-esteem. It helps in social and mental development of the child. Playing Kho-Kho keeps children motivated, enthusiastic and young. It improves thinking and running abilities and flexibility. It burns calories.

BASKET BALL:

Basketball is a team sport in which two teams, most commonly of five players each, opposing one another on a rectangular court, compete with the primary objective of shooting a basketball through the defender's hoop while preventing the opposing team from shooting through their own hoop.



BENEFITS:

Gives Complete Physical Exercise; Builds up Muscles; Improves Height; Increases Accuracy & Precision; Inculcates Self-Discipline; Teaches Strategy; Instills Team Work; Helps Make New Friends; Boosts Confidence.

ATHLETICS:

Athletics is a collection of sporting events that involve competitive running, jumping, throwing and walking.

BENEFITS OF BEING A HIGH SCHOOL ATHLETE:

The personal traits one develops as a high school athlete are: teamwork, perseverance, responsibility, physical endurance, commitment, time management and personal and emotional health.

Character building traits - Self confidence and Self esteem; Manage Emotions; Discipline; Social Skills; Patience; Accept Defeat; Teamwork; Respect Authority; Leadership Skills; Life Long Habits.

Physiological Benefits - Reduced risk of Obesity; Increased cardiovascular fitness; Healthy growth; Strengthens lungs; Reduces blood sugar levels; Regulates blood pressure; Improves energy levels; Improves co-ordination and balance; Helps prevent cancer; Improved sleep; Reduces chronic muscular tension.



VOLLEY BALL:

Volleyball is a popular team sport in which two teams of six players are separated by a net. Each team tries to score points by grounding a ball on the other team's court under organized rules. Volleyball has been part of the Summer Olympics program for both men and women consistently since 1964.



BENEFITS:

Playing 45 minutes of volleyball can burn up to 585 calories. Volleyball also improves muscle strength and tone. The activities required when playing volleyball strengthen the upper body, arms, shoulders, thighs, abdominals, and lower legs. In addition, volleyball improves hand-eye coordination, reflexes, and balance. It can also tone and strengthen the cardiovascular and respiratory system.

FOOT BALL:

Football is a family of team sports that involve, to varying degrees, kicking a ball to score a goal. It's a physically demanding game that provides an opportunity for players to improve their speed, agility, strength, hand-eye coordination and overall cardiovascular endurance.



BENEFITS:

- ❖ increases aerobic capacity and cardiovascular health.
- ❖ lowers body fat and improves muscle tone.
- ❖ builds strength, flexibility and endurance.
- ❖ increases muscle and bone strength.
- ❖ improves health due to shifts between walking, running and sprinting.
- ❖ Skills like teamwork, sportsmanship, responsibility and time management are developed.

THROW BALL:

Throw ball is a non-contact ball sport played across a net between two teams of nine players on a rectangular court. It is popular in Asia, especially on the Indian subcontinent, and was first played in India as a women's sport in Chennai during the 1940s.



BENEFITS:

- Tones and shapes the body - The physical activities involved in playing throw ball will strengthen the upper body, arms and shoulders as well as the muscles of the lower body. It also improves the cardiovascular and respiratory systems.
- Determination and Self-confidence levels development.

SWIMMING:

Human beings have been swimming for millennia. Swimming is an individual or team sport that requires the use of one's entire body to move through water. Competitive swimming is one of the most popular Olympic sports, with varied distance events in butterfly, backstroke, breaststroke, freestyle (crawl) and individual medley.



BENEFITS:

Swimming is an activity that burns lots of calories, is easy on the joints, supports your weight and builds muscular strength and endurance. It also improves cardiovascular fitness, cools you off and refreshes you in summer, and is one that you can do safely into old age.
*Swimsuits available in the school.

KARATE:

Karate is one of the most widely practiced martial art forms in the world, whose physical aspects seek the development of defensive and counterattacking body movements. The themes of traditional karate training are fighting and self-defense, though its mental and moral aspects target the overall improvement of the individual. This is facilitated by the discipline and persistent effort required in training.



BENEFITS:

High aerobic workout; Promotes healthy lifestyle and Self-confidence; Improves cardio-vascular system; Improves reflexes; Weight loss; Focus and stillness; Teaches morality and values; Muscle tone and better mood.

YOGA:

Yoga is a group of physical, mental, and spiritual practices or disciplines which originated in ancient India. Yoga came to the attention of an educated western public in the mid-19th century along with other topics of Indian philosophy. With time, people have discovered a number of health benefits associated with yoga. Yoga does more than burning calories and strengthening muscles, it is a workout which involves both body and mind.



BENEFITS:

Improves posture; Increases flexibility; Builds muscle strength; Boosts metabolism; Helps in lowering blood sugar; Increases blood flow; Keeps disease at bay; Increases self-esteem; Improves lung function; Helps you sleep better.

CRICKET:

Cricket is a popular game played between two teams, generally of 11 members each. In essence, it is single combat, in which an individual batsman does battle against an individual bowler, who has helpers known as fielders. It is wildly popular in India, England, and Australia, where it is seen as a national sport. It is a great team sport that hopefully gains some popularity in the rest of the world!



BENEFITS:

Increased stamina and endurance, balance, flexibility, coordination, great cardiovascular activity, improved motor skills, social skills, muscle toning, physical fitness and team building.

SKATING:

Skating involves any sports or recreational activity which consists of traveling on surfaces using skates. Styles include road skating, roller skating, inline skating and freestyle skating.



BENEFITS:

Easy on the joints; Great as a cross training exercise - equivalent to jogging in terms of health benefits and caloric consumption, reduction of body fat, and leg strength development; Good for mood; Great for improving balance, agility & coordination; Strengthens the heart; Improves endurance.

INDOOR GAMES

Indoor games and sports are a variety of structured forms of play or competitive physical activity, typically carried out either in the home or in specially constructed indoor facilities. The school has magnificent auditorium cum indoor stadium (multipurpose) to facilitate distinct beneficial activities.

SHUTTLE BADMINTON:

Badminton is a racquet sport played using racquets to hit a shuttlecock across a net. Although it may be played with larger teams, the most common forms of the game are "singles" (with one player per side) and "doubles" (with two players per side). Badminton is often played as a casual outdoor activity in a yard; formal games are played on a rectangular indoor court.



BENEFITS:

Burns 450 calories per hour; Develops athleticism; Increases muscle tone; Reduces stress & anxiety; Promotes social health; Good for overall health; Flexibility, muscle strength & mobility; Decreases diabetes.

TABLE TENNIS:

Table tennis, also known as ping-pong, is a sport in which two or four players hit a lightweight ball back and forth across a table using small rackets (offensive & defensive strokes). The game takes place on a hard table divided by a net.



BENEFITS:

Playing improves hand-eye coordination; Stimulates mental alertness, concentration and tactical strategy; Develops mental acuity; Improves reflexes; It's easy on the joints; Burns calories; Offers a social outlet; Keeps your brain sharp; Improves coordination and balance; Stimulates various different parts of the brain.

CARROM

Carrom (also spelled carom) is a cue sport-based tabletop game of South Asian origin. The game is very popular in Bangladesh, Afghanistan, Nepal, India, Pakistan, and Sri Lanka, surrounding areas, and is known by various names in different languages. Carrom is very commonly played by families, including children, and at social functions. The game of carrom is believed to have originated from the Indian subcontinent.



BENEFITS:

Have fun & feel good; Friends/family time; Memory formation & cognitive skills; Reduces risks for mental diseases; Lowers blood pressure; Speeds up your response; Reduces stress; Grows your immune system; Child development; Therapy treatment.

CHESS:

Chess is a two-player strategy board game played on a chessboard, a checkered game board with 64 squares arranged in an 8x8 grid. The game is played by millions of people worldwide. Chess is believed to be derived from the Indian game 'Chaturanga' some time before the 7th century. Chess is believed to have originated in Eastern India.



BENEFITS:

Brings people together; Teaches you how to win and lose; Can help you focus and realize the consequence of your actions; Great educational tool in schools; Develops creativity; Builds confidence; Develops Problem-solving skills; Exercises both sides of the brain; Helps you learn how to be calm under pressure.



ARCHERY:

Archery is the art, sport, practice or skill of using a bow to shoot arrows. Historically, archery has been used for hunting and combat. In modern times, it is mainly a competitive sport and recreational activity. Competitive archery involves shooting arrows at a target for accuracy from a set distance or distances. This is the most popular form of competitive archery worldwide and is called target archery.

BENEFITS:

Improved hand-eye coordination, focus and balance; Hand and finger flexibility; Strength building; Increases patience; Improves confidence; Is a social sport; Is a form of exercise; Relaxation; Open to all - Archery can be done by both able bodied and disabled people. People with the most severe disabilities and even the blind, use special tactile equipment and are able to join in - making this a great family sport!

TESTIMONIALS



"I LOVE MY SCHOOL" - Our school has more facilities like park and playgrounds for sports. Our school has arranged coaching classes (Narayana) from Grade VI onwards.
 "I LOVE MY HOSTEL" - I stay in the hostel since my third standard. Room with 2 fans, 2 lights, AC and cupboard is available. We play with our warden during Sundays and also go to swimming.

- Karthipriyan, V. S (V - IV)

In our school, students are encouraged for organizing events to develop leadership skills; novel classroom activities to promote group work, problem solving & collaboration; experienced senior faculties provide efficient training. Spacious hostel accommodation with round the clock medical facilities; mess provides clean, hygienic & quality food; extra coaching class for the enhancement of academic excellence of the students at hostel; safe & secure campus.

- Hemalatha, D (XII - B)



Dedicated & talented faculties; regular motivation classes; well equipped and sophisticated laboratories that actively engage students in acquiring practical knowledge; digital boards & learning platforms that enables interaction & stimulates out-of-the box thinking.
 Safe hostel located in between beautifully landscaped surroundings; primary health care facilities; spacious dining hall serves wholesome nutritious food & purified water; refreshments are given periodically to entertain students.

- Vidya, J (XII - A)

It is a matter of great pride to share this information about my school & hostel. My school has taught me a valuable mantra in my life - Talent is more important than the action! I never felt my school as a place to learn but I instead felt it as a family that always showed me continuous love & affection, both from my teachers and management. I should be really thankful to my Principal for always supporting us in our ups & downs. I am really gifted to get such a splendid infrastructure and well qualified teachers.
 Paradise is the place where God lives... I consider my hostel as a paradise enriched with sound architecture, well nourished balanced diet, caring resident tutors & wardens which made me to feel as if I am in my own home.

- Dhanuswetha, K. S (XII - B)



LOCATION

Velalar Vidyalaya Senior Secondary School, Erode is located in vilarasampatti village, Maruthi Nagar, Thindal at the periphery of Erode (7 km from the town)

Distance from velalar vidyalayaa senior Secondary School to:
 Erode Bus Stand : 6.9 Kms
 Erode Railway Station : 8.8 Kms
 Perundurai Bus Stand : 14 Kms



Nearest Landmark:
 Thindal Murugan Temple (2 Km from Velalar Vidyalayaa Senior Secondary School)



HALL MARKS OF VELALAR

- V** - Valiant (Brave)
- E** - Eminent & Outstanding
- L** - Lovable & Reliable
- A** - Admirable & Excellent
- L** - Loyal & Patriotic
- A** - Adaptable (Versatile)
- R** - Resilient and self managing

The above words and phrases have formed the hallmarks of Velalar

REDEFINING EDUCATION



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